

the TEMPTATION LITURGY

the
PINDELIBLE
PROJECT

I MUST BE AWARE

I MUST BE SOBER-MINDED AND WATCHFUL.

*"I must be aware of my desires and my triggers;
I cannot fight them if I am unaware." ¹*

I MUST IDENTIFY THE SOURCE

TEMPTATION DOES NOT COME FROM GOD BUT FROM MY OWN DESIRES.

"My flesh is the source of my evil desires, not God." ²

I AM NOT ALONE

GOD UNDERSTANDS MY STRUGGLES; I AM NOT ALONE IN THIS FIGHT.

*"There is no temptation that God cannot overcome.
Others have faced the same temptations I face." ³*

I MUST SEEK HELP

I MUST CONFESS AND SHARE MY BURDENS WITH OTHERS.

"I cannot keep things in darkness; I need others to help me heal and fight." ⁴

I MUST PREPARE TO SUFFER

I MUST ARM MYSELF WITH THE MIND OF CHRIST;
DENYING MY DESIRES WILL BE DIFFICULT.

"Denying my flesh is painful, but I must follow Christ's example." ⁵

I MUST TRULY REPENT

I MUST TURN FROM MY WICKED WAYS WITH A CONTRITE HEART.

"God recognizes and forgives a repentant heart when I sincerely turn back to Him." ⁶

1 Peter 5:8 • 2. James 1:13-14; Romans 7:17-25 • 3. Hebrew 4:15-16; 1 Corinthians 10:13
4. James 5:16; Galatians 6:2 • 5. Peter 4:1-2 • 6. Psalm 51; 2 Chronicles 7:13-14; Luke 5:32